

Release Your Money Blocks: *Day 1*
5 day challenge



Life **EMPOWERMENT** ·
P R O J E C T ·

Day 1: **Deserving**

If you want to create more financial abundance within your business and life, the first thing you have to do is shift your perception of what you deserve. If you doubt this for a second, we could give you hundreds of stories of clients who have had the exact same objections then come to realise the truth of this as they've done the inner work and received huge financial abundance as a result.

You are worth more than any possible financial figure on this earth. You are infinite consciousness, energy born at the beginning of time, condensed into a human form for a short while. Money, on the other hand, is something we humans thought up – an entirely constructed concept that actually holds no value whatsoever other than what we assign to it.

You deserve riches. You deserve wealth. You deserve to do everything you've ever wanted, have everything you've ever wanted and experience everything you've ever wanted.

BUT, until you know that, and start to embody it and build habits around you thinking that way, you'll continue to block the massive abundance that the Universe holds for you.

So today's questions are specifically structured to get you thinking in a different way, connected to the fact you absolutely deserve financial abundance, and to set you in the right frequency to start receiving that now!

What you want in terms of money (an actual figure – be it monthly, yearly, whatever):

What comes up for you when you think about bringing in that figure:

A large, empty rectangular box with a thin black border, intended for a user to write their response to the question above.

Why you want that figure:

(PROMPTS: travel, material possessions, experiences - BE SPECIFIC within each of these categories and add more!)

A large, empty rectangular box with a thin black border, intended for the user to write their response to the prompts above.

List all the reasons (big and small) that you know you deserve that figure:

A large, empty rectangular box with a thin black border, intended for the user to list reasons for deserving a certain figure. The box occupies most of the page's vertical space below the instruction.

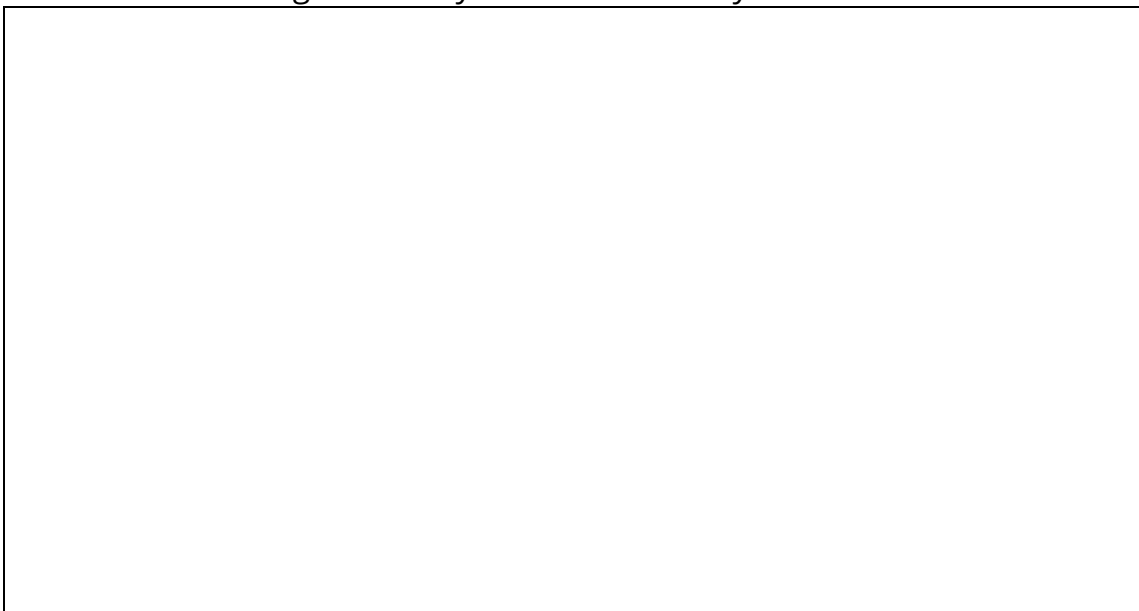
What would this figure allow you to do:

(PROMPTS: bigger picture, investments, things/experiences for your children, putting back into your business, contributions to charities or causes you support etc)

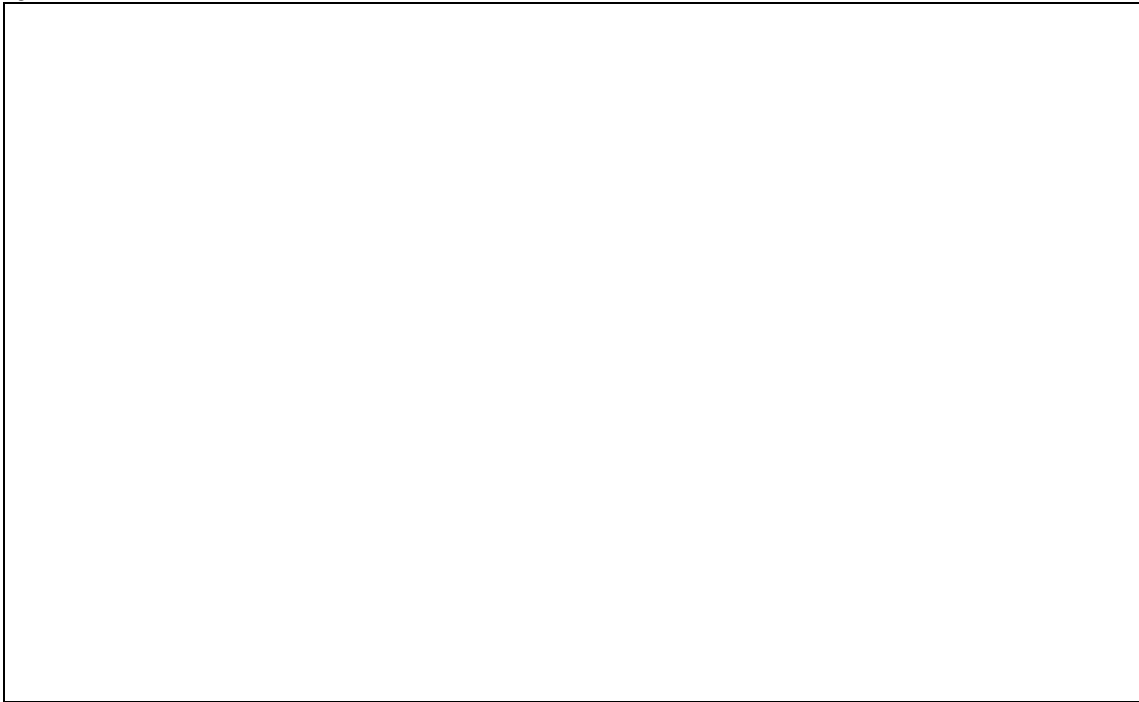


Specifically if you're a Mum (or if you want to have kids at some point)...

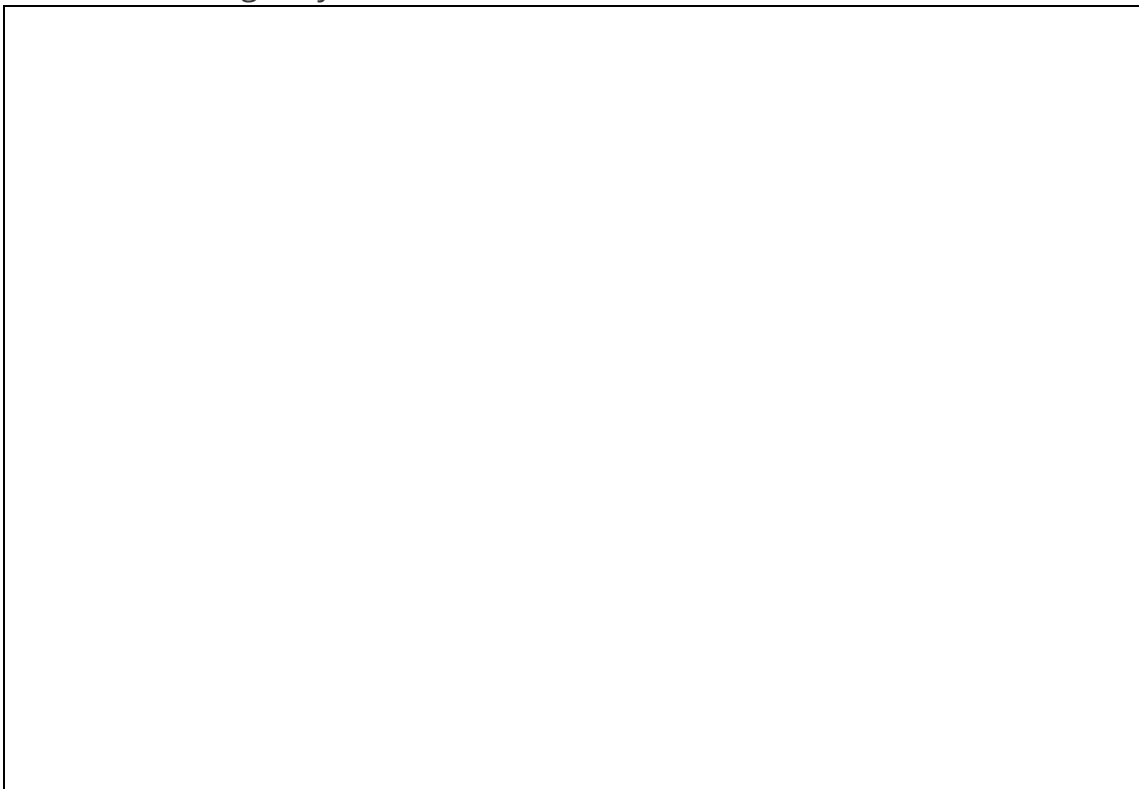
What would that figure allow you do to with/for your children?:



What would you do differently within your business if you absolutely knew, beyond a shadow of a doubt, that you were worth that big figure you want to earn?:



If you haven't already specifically covered it in the question above, how would you charge differently for your services if you absolutely knew you deserved the figure you want to earn?:



Be sure to use your journaling prompt for the day (at the bottom of today's lesson page) and the mantra listed below it (the more you use your mantra, the better!!).

See you over in the Facebook group – ask in there and we'll answer any questions you have!!

To your infinite abundance,

Vicky xx